



THE CAUSE OF MANY HEALTH PROBLEMS

By Dr. Jerry Zelm

How many persons need Chiropractic care? Well, I'll give you a clue. Imagine if every car that's ever been in a collision never got the dents fixed. We'd be able to see all of these banged up cars, including mine, filling the streets and highways. Every dent represents a force that left an observable impression on these vehicles. Metal and plastic becomes crushed, twisted or bent, often requiring replacement parts to return the vehicle to its former shape. The driver and passengers can also be affected, but often only receive first aid for visual cuts and abrasions, leaving unseen spinal subluxations, or misalignments, unchecked and neglected. Why? Because only a Doctor of Chiropractic is sufficiently trained to detect and correct vertebral subluxations. And you won't find many Chiropractors in hospital emergency rooms, yet.

Every slip, fall, or bump you experience has the potential to shift your neck and back out of alignment, even if you don't experience cuts or bruises. Misaligned vertebrae can put pressure on nerves carrying vital messages from your brain to various parts of your body. Deprived of a normal nerve supply, your body may initially cry out with symptoms of pain, headache, fatigue, etc. At this point your body is not requesting drugs to numb the pain. It is warning you that something is wrong; something is out of balance and needs adjustment...a Chiropractic adjustment. If you receive necessary Chiropractic care at this early stage, permanent change and degeneration can often be avoided.

Over the years Chiropractors have cared for millions of patients after they've been victims of automobile collisions or other injuries. Many more never receive the attention their spine needs. Then when we do see these individuals, often years after the accident, their bodies are loaded with problems, some which cannot be totally reversed.

Do you know someone who has been involved in an auto collision or some sort of trauma? Once assured that there are no broken bones, the next step should be to your Doctor of Chiropractic. His or her unique training and experience will determine the extent of injury, and whether a program of spinal correction is necessary. Time is of the essence. Some things can't wait!

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